

- 1. All-League Teams will be selected in all sports.
- 2. Each sport will have a unique number of All-League athletes.
- 3. All-League honors are not voted on. Instead, each school will be allocated a select number of nominees based on their final standings after the league championships.
- 4. The League will send certificates for each athlete selected after the season.
- 5. After the Championship, each coach/AD must send the League President the name of each athlete from their school.
- 6. Sports breakdown of each all-league selection:
 - a. Football (6 teams)

i.

22 nominees		
1. 6	4.	3
2. 4	5.	3
3. 4	6.	2

- b. Flag Football (tba)
- c. Cheerleading (4 teams) (Only if we have a championship)
 - i. 12 nominees
 - 1. 3 from each school

d. Volleyball i. 14

14 nominees A & AA	
1. 4	4. 2
2. 4	5. 1
3. 2	6. 1

e. Cross Country

- i. The top 10 in the championship meet are named All-League.
- ii. Each of the top four schools at the championship gets one additional nominee.
- iii. Each school gets at least one nominee.
- f. Golf
 - i. The top 10 in the championship are named All-League.
 - ii. Each of the top four schools gets an additional nominee.
- g. Clay Target Shooting
 - i. Each school gets two (2) nominees
 - ii. Each of the top four schools gets an additional nominee



h. Tennis

- i. Each school gets two (2) nominees
- ii. Each of the top four schools gets an additional nominee

i. Basketball

i. 14 Nominees A & AA

1.	4	5.	2
2.	3	6.	2

- 3. 3 7. 1
- 4. 2 8. 1

j. Bowling

- i. Each school gets one (1) nominee
- ii. In addition The top 8 in the championship are named All-League.
- iii. Each of the top four schools gets an additional nominee.

k. Archery

- i. The top 8 in the championship are named All-League.
- ii. Each of the top four schools gets an additional nominee.

I. Pickleball

- i. Each school gets two (2) nominees
- ii. Each of the top four schools gets an additional nominee.
- m. Cheerleading Championship
 - i. Each school gets two (2) nominees
 - ii. Champ gets two (2) extra
 - iii. Runner-up gets one (1) extra
 - iv. Jump off Gold winner
 - v. Stunt off Gold winners
- n. Baseball

o. Soccer i.

i.	18	Nominees
i.	18	Nominees

1. 5	4.	2
2. 4	5.	2
3. 3	6.	2
18 Nominees		
1. 5	4.	2

- 2. 4
 5. 2

 3. 3
 6. 2
- p. Coed Soccer



i. 14 Nominees

1.	4
2.	3

4. 2 5. 2

- 3. 2
- q. Track & Field
 - i. Each school gets two (2) nominees.
 - ii. The top (2) two finishers in each individual event are named all-league.
 - iii. Top relay teams earn All-League.
 - iv. Each of the top four schools gets an additional nominee.